



Nutritional Management in Pregnancy Course

Date	Session details	Speakers
Week One - Live 14 November 2pm – 2.30pm	Live Welcome	Anita Beckwith
Week One 14 November	Planning a pregnancy: preconception nutrition Nutrition support in Hyperemesis Gravidarum & Low BMI	Eugenie Grand Hazel Billson
Week Two 21 November	Food, nutrition and food safety in pregnancy Nutrient considerations in pregnancy	Margaret Charnley Julie Abayomi
Week Three 28 November	Nutritional considerations for weight gain in pregnancy Physical activity & exercise in pregnancy	Julie Abayomi Aisling Pigott
Week Four 5 December	Diabetes in Pregnancy Creating a management plan in pregnancy	Anita Beckwith Sarah Ashley
Week Five – Live 12 December	Breastfeeding/Postpartum Eating Disorders in Pregnancy	Amy Brown Dr Abigail Easter
Week Six 19 December	Maternal Weight Management: A redesign in the NHS Pregnancy post-bariatric surgery	Laura Logan Beth Greenslade
Week Seven – Live 23 January 2024 2pm – 5pm	Question and Answer Session Case studies Panel discussion	All speakers

All recorded sessions will be available at 2pm on each Tuesday, sessions in bold will be delivered live.

BDA The Association
of UK Dietitians



**Maternal and
Fertility Nutrition**

Specialist Group