



Recycling in Clinical Areas

What can be recycled?

Most of us will handle enteral nutrition or oral nutrition products during our time at work. The good news is most of the containers these products come in can be recycled at work.

Why recycle?

Most of the products we handle as dietitians are made from types of plastic. Recycling can help to protect the environment, support holistic patient care and save the NHS money.

Which bin do we use for recycling?

Most clinical settings will have a variety of different coloured bins to separate different types of waste.



Clear (or white) Bins = Recycling!

Empty plastic cups, bottles and containers, empty aluminium and steel drinks and food cans, empty drinks and milk cartons, clean wrappers and packaging, most soft-density plastics, paper and card.



Black bins = General waste!

General waste should contain no recyclable materials, batteries or electrical equipment.



Orange or yellow bins = Infectious Waste!

Infectious waste only such as dressings, swabs and used PPE.



Blue bins = Non hazardous medicinal waste!

Non-hazardous pharmacy and medicinal waste such as surplus medicines.

See links for recycling info for specific products (more will be added as they become available):

- recycling.abbott/uk
- nutricia.co.uk/hcp/resource-centre/recycling-nutricia-plastics.html
- nutrinovo.com/wp-content/uploads/2022/08/Product-Recyclability-Guidelines-21-07-22-linked.pdf



www.recyclenow.com/recycling-locator

& follow the link to find out what you can recycle at home or in your local area!