**4 to 1 student training model (virtual clinic)**

2 C placement students from Nottingham Uni

2 B placement students from Coventry

Plan for the day:

Students worked in teams – due to different HEIs and different placements stages split:

* 2 C placement students together and
* 2 B placement students together

Clinic outline:

* 6 new adult weight management and general new patients – calls spread throughout the day
* 2 food diary reviews from previous patients (analysis of food dairies that have been returned)
* 1 information gathering call (insufficient information on referral for triage)

Practicalities of how it worked:

The two C placement students took 4 calls + one food diary review

The two B placement students took 2 calls + one food diary review

Each student took the lead on one call each and supervisor sat in on one call per student so that assessment tools could be completed. Students also completed assessment tools on each other (these can not be used for evidence but a good opportunity to think about how we assess them). Post call they completed all associated admin

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Time | Dietitian | B Placement | B Placement  | C Placement  | C Placement  | Activity |
| 8.30am | Meeting | Meeting | Meeting | Meeting | Meeting | Intro to day |
| 9am |  | Calls prep | Calls prep | Calls prep  | Calls prep  | Prep for day |
| 10am | observing B Placement call | leading call  | observing call | leading call | Observing call | 1st and 2nd calls  |
| 11am | Observing C placement call | Write up post call | Write up post call | Observing call | Leading call | 3rd call |
| 12-12.30 | Lunch | Lunch | Lunch | Lunch | Lunch | Lunch |
| 12.30pm | Meeting |  | Info gathering  |  |  |  |
| 1.30pm | Observing C placement call | Call prep | Call prep  | Leading call | Observing call | 4th call  |
| 2.30pm | Observing B placement call | Observing call | Leading call | Observing call | Leading call | 5th and 6th calls  |
| 3.30pm |  | Write up post call | Write up post call | Write up post call | Write up post call |  |
| 4pm | Meeting | Meeting | Meeting | Meeting | Meeting | De-brief for day and countersign  |

Any spare time, to look at food diaries and list areas to consider on review with patients

Challenges

Two different HEIs therefore two different sets of paperwork

Two different stages of placement

Learning Points

Next time would have 4 new patients only – 1 per student and then other activities:

* Food diary review
* Chasing missing information
* Calculating nutritional requirements