Could you benefit from seeing a dietitian?

They work in the MHS and privately to assess, diagnose and treat dietary and nutritional problems using scientific evidence.

They are qualified and legally regulated health professionals.

Dietitians are experts in food and nutrition.



The Association of UK Dietitians

What could a dietitian do for you?



Dietitians can help you with:



and much more...ask your GP for a referral to a dietitian or visit bda.uk.com/whatdietitiansdo