
Research Mentorship scheme



Dr Yvonne Jeanes

Centre for Integrated Research in Life and Health Sciences, University of Roehampton
[Yvonne Jeanes — University of Roehampton Research Explorer](#)

Dr Yvonne Jeanes is a registered dietitian with clinical, teaching and research experience. I studied at the University of Surrey and in 2004 completed a PhD in Nutritional Biochemistry. At the University of Roehampton I have taught undergraduates and postgraduate healthcare professionals for over 15 years and currently lead the MSc Clinical Nutrition programme and the '*living gluten free*' research. I have supervised over 70 MSc students and 3 PhD students from project design, ethical approval, recruitment, data analysis to clear dissemination of findings through presentations at conferences and published articles.

Since 2014, my research has focused on the nutritional adequacy, quality of life and practicalities, of living gluten free. As well as the evolving healthcare provision for persons with coeliac disease with a limited workforce and rising digital literacy. I have published over 50 articles and presented at international conferences.

I am the Research and Policy Lead for the BDA Gastroenterology Specialist Group, a BDA clinical lead for coeliac disease, a member of the Coeliac UK's Health Advisory Network and

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sit on the European Federation of the Associations of Dietitians (EFAD) Research and Evidence Based Practice Committee.

Clinical and research interests

Holistic management of persons living with coeliac disease, irritable bowel syndrome or food allergies.

Motivations for mentoring

I enjoy enthusing healthcare professionals about research and delving into the challenges of dietetics in practice and research. I am keen for dietitians to embrace research and look forwards to guiding you through some of the challenges to help enable you to reach the rewards and joys of research.

My mentoring style

I take a positive approach encouraging you think critically about your choices and help you too see the skills and experiences you are developing. I aim to help you brainstorm and think bigger than perhaps you do typically by questioning and challenging your assumptions and expectations.