

**Does sustainability matter if you
live with food insecurity? The link
between obesity, food insecurity
and sustainability**

Thursday 8 February 2024

9.00 Link open - [click here to join](#)

9.05 Welcome

9.10 Influence of food environments on dietary health

Shona Goudie, Policy and Advocacy Manager, The Food Foundation

**9.50 What does it mean to support patients who are experiencing food
insecurity? Reflections from research**

Dr Hannah Lambie-Mumford, Senior Lecturer, Department of Politics and International Relations,
University of Sheffield

10.30 Comfort Break

**10.40 Understanding the association between food insecurity and
obesity**

Professor Charlotte Hardman, Professor of Psychology of Eating Behaviour, Institute of Population
Health, University of Liverpool

11.50 Charity Sector Responses to Food Insecurity

Hannah Style, Founder and Research Dietitian, FEAST With Us (FEAST)

12.00 Comfort Break

12.10 Shaping Change through Connection and Collaboration

Jenny Pitts, Programme Lead for Community Led Support, National Development Team for Inclusion
(NDTi)

12.50 Evaluation and Close of Day