

## Advancing Dietetics in Learning Disabilities (LD)

Working with clients with Learning Disabilities can be very rewarding and provides the opportunity to make a positive difference to the lives to some of the most vulnerable individuals in our society. To be able to offer the best possible care to this client group, and to help them live their best possible lives, it is vital that all Health Care Professionals understand the challenges, discrimination, inequalities and vulnerabilities they those with an LD endure. This course will look at the how these negative factors can impact on the nutritional status of those with an LD; what can be done to mitigate this; and how to promote positive change.

This course looks in depth into topics such as the role of the dietitian when working with people with learning disabilities as well as the role of the MDT in LD; nutritional challenges and vulnerabilities; mental and physical health co-morbidities; mortality reviews: abuse in care: safeguarding: and enteral feeding.

Building and consolidating knowledge in the specialist area of LD will help dietitians to get the optimum outcome for their interventions and ultimately improve quality of life of their service users

### Aim

To provide dietitians with the essential knowledge and skills required to work effectively with the learning disability population.

### Learning Outcomes

By the end of the course delegates will:

- To understand nutritional aspects of working in LD
- To understand and develop communication skills for LD
- To understand the challenges faced by those with LD which may impact their quality of life and nutritional status
- To understand legal frame works that support best practice when working with LD clients
- To understand health inequalities and safeguarding issues and how to manage and escalate these

### Programme:

#### Day 1

9.00	Arrival, refreshments, welcome & introductions	14.00	Break
9.30	Context of the day & ice breaker	14.15	Role of the MDT

9.45	Terminology Physical Health on the LD Population	15.00	Case study 2
10.45	Break	15.30	Reflections from the day
11.00	Case Study 1	15.45	Close
11.30	Barriers to Health		
12.30	Lunch		
13.00	Enteral Nutrition		

## Day 2

9.00	Welcome back and refreshments	12.30	Lunch
9.15	Advanced Communication	13.00	Case study 5
10.15	Case study 3	13.30	Safeguarding, abuse & transforming care
10.45	Break	14.30	Changing landscape
11.00	Mental Health	15.00	Reflections from the 2 days
11.45	Case study 4	15.15	Close
12.15	PBS		

## More Information

Please direct queries to:

Centre for Education and Development  
The British Dietetic Association  
3<sup>rd</sup> Floor Interchange Place  
152-165 Edmund Street  
Birmingham  
B3 2TA  
T: 0121 200 8080  
E: ced@bda.uk.com