



**Maternal and
Fertility Nutrition**

Specialist Group

Nutritional Management in Pregnancy Course

Date	Session details	Speakers
Tuesday 3 May 2pm – 5pm	Planning a pregnancy: preconception nutrition Nutrition support in Hyperemesis Gravidarum & Low BMI	Anita Beckwith, Eugenie Grand & Hazel Billson
Tuesday 10 May 2pm – 5pm	Food, nutrition and food safety in pregnancy Nutrient considerations in pregnancy	Julie Abayomi & Margaret Charnley
Tuesday 17 May 2pm – 5pm	Nutritional considerations for weight gain in pregnancy Physical activity & exercise in pregnancy	Julie Abayomi & Aisling Pigott
Tuesday 24 May 2pm – 5pm	Diabetes in Pregnancy Creating a management plan in pregnancy	Anita Beckwith & Sarah Ashley
Tuesday 31 May 2pm – 5pm	Maternal Weight Management: A redesign in the NHS Pregnancy post-bariatric surgery	Laura Logan & Beth Greenslade
Tuesday 7 June 2pm – 5pm	Case studies Panel discussion	Anita Beckwith, Julie Abayomi, Hazel Billson & Sarah Ashley