

Over 60% of the population in the UK are living with **overweight or obesity**.

Over **3.8 million** people in the UK have **diabetes** (90% have type 2 diabetes)

Dietitians can support diagnosis & management of pre-diabetes and diabetes.



Following dietetic intervention:



patients had greater weight loss outcomes*



patients improved their diabetes control and diet quality*

Benefit to patient and PCN: Improved diet and risk factors for patients. QOF points relating to diabetes and obesity can be achieved by dietitians. Requirements of the Enhanced Service Specification for weight management can be supported by a dietitian.