

EMBEDDING SUSTAINABILITY INTO NUTRITION & DIETETICS

12th September 2023

09.30-17.00



The Studio Birmingham, B2 5EP or Live Stream

THE BDA AS A SUSTAINABLE ORGANISATION

LIZ STOCKLEY, CEO BDA

WHY IS SUSTAINABLE EATING SO IMPORTANT?

PROFESSOR MARCO SPRINGMANN, PROFESSOR IN CLIMATE CHANGE, FOOD SYSTEMS AND HEALTH, LONDON SCHOOL OF HYGIENE & TROPICAL MEDICINE

WHAT IS SUSTAINABLE EATING & WHY IT'S A WIN-WIN FOR HEALTH & PLANET

TANYA HAFFNER, CHAIR OF THE BDA SUSTAINABLE DIETS GROUP

EATING FOR NET ZERO - HOW DIET SHIFT CAN ENABLE A NATURE POSITIVE NET ZERO TRANSITION IN THE UK

DR JO TREWERN - HEAD OF CONSUMPTION, WWF-UK, PHD SUSTAINABILITY

MOVING TOWARDS A RESPONSIBLE FOOD AND AGRICULTURE SYSTEM

SUE PRITCHARD, CEO, FOOD FARMING AND COUNTRYSIDE COMMISSION

THE AFFORDABILITY DICHOTOMY - CHEAP FOOD FOR ALL IS NOT THE ANSWER - WHAT IS THE IDEAL MODEL GOING FORWARD?

REBECCA TOBI, REGISTERED NUTRITIONIST AND SENIOR ENGAGEMENT MANAGER AT THE FOOD FOUNDATION

ACHIEVING A NET ZERO NHS

SARAH GARLAND - SUSTAINABILITY OFFICER'S CLINICAL FELLOW, NHS ENGLAND

HOW DO WE ACHIEVE SUSTAINABLE DIETS WITHIN CLINICAL PRACTICE?

DR SHIREEN KASSAM, CONSULTANT HAEMATOLOGIST AND HONORARY SENIOR LECTURER AT KING'S COLLEGE HOSPITAL

THE NHS NET ZERO FOOD PROGRAMME

JOANNA INSTONE, NET ZERO FOOD PROGRAMME DIETITIAN

KEY LEARNINGS FROM NEW YORK HOSPITALS - ACHIEVING CULTURALLY-DIVERSE PLANT-BASED MEALS AS A PRIMARY DINNER OPTION

SAM MORGENSTERN AT SODEXHO, REGISTERED DIETITIAN AND SODEXO DIRECTOR OF NUTRITION FOR NYC HEALTH + HOSPITALS

**SPECIFIC NUTRITIONAL CONSIDERATIONS AND VULNERABLE GROUPS
(PROTEIN, IRON, VIT D, CALCIUM)**

ROSIE MARTIN, FOUNDER AT ROSEMARY NUTRITION & DIETETICS, FREELANCE WRITER & NHS DIETITIAN

ELPHEE MEDICI, NUTRITION & SUSTAINABLE DIETS CONSULTANT, NUTRILICIOUS

PLANT BASED EATING AND CHILDREN

PAULA HALLAM, PAEDIATRIC DIETITIAN, TINY TOTS NUTRITION

SUPPORTING INDIVIDUALS ON A BUDGET AND REDUCING WASTE - KEY LEARNINGS FROM FEAST WITH US

HANNAH STYLES, NHS DIETITIAN, FOUNDER & NUTRITION TRUSTEE OF FEAST WITH US

AN EDUCATORS PERSPECTIVE – HOW TO EMBED ‘SUSTAINABILITY’ INTO THE CURRICULUM FOR PRE-REG DIETETIC LEARNERS

CLAIRE PETTINGER, LECTURER/RESEARCHER PUBLIC HEALTH NUTRITION UNIVERSITY OF PLYMOUTH

WORKSHOP STREAM 1

- **EMBEDDING SUSTAINABILITY INTO RENAL PRACTICE** – ANGELINE TAYLOR
- **LET’S GET COOKING – BDA OUTCOMES OF THE MERSEYSIDE PROJECT ‘WASTE WARRIORS’** – SUZANNE MITCHELL
- **SHOWCASING SUSTAINABLE HEALTHCARE IN NEWCASTLE** – AMY JOHNSTON
- **REDUCING ENTERAL FEED PLASTICS** – SOPHIE STENSON

WORKSHOP STREAM 2

- **RECIPES FOR HEALTHY AND SUSTAINABLE MEALS** – VEGETARIAN FOR LIFE
- **BARRIERS AND OPPORTUNITIES FOR EATING SUSTAINABLY** – DAMON NICHOLLS, EMILY LATOY, LOUISE KIRKHAM

FINAL ROUNDTABLE DISCUSSION

